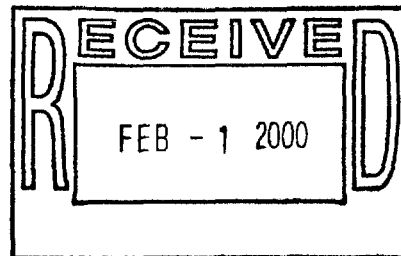




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January 25, 2000



Office of Special Nutritionals (HFS-450)  
Center for Food Safety and Applied Nutrition  
Food and Drug Administration  
200 C St. SW  
Washington, DC 20204

Dear Sir or Madam:

Pursuant to Section 403(r)(6) of the Federal Food, Drug and Cosmetic Act and Section 101.93 of FDA's regulations, we hereby notify you that we are using the following statement(s):

- (1) Name and address of manufacturer:  
Pharmavite Corporation, PO Box 9606, Mission Hills, CA 91346
- (2) Text of the statement(s):

Introducing a new type of protein supplement for advanced muscle recovery

Clinical studies conducted at two major U.S. universities show that after exercise your muscles recover faster with Jogmate because Jogmate increases glycogen storage and decreases protein breakdown.

**JOGMATE IS THE PROTEIN YOUR MUSCLES NEED, WHEN THEY NEED IT.**

Discover the best after workout product for repairing and rebuilding muscles.

Jogmate, a not-too-sweet tube of protein pudding, gives serious athletes an easy, reliable and super fast way to speed muscle recovery.

Jogmate taken during the critical 30-minute recovery period helps create a new whole-body protein gain.

Jogmate is the first product designed to provide a fast and easy after-workout protein source, including the nutrients serious athletes need to maintain overall health and maximize muscle recovery.

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PHARMAVITE

- (3) Name of the dietary ingredient if not provided in the text of the statement:  
see above
- (4) Name of the dietary supplement:  
Jogmate

The above statement(s) may be used in one or more of the following brands of products: Nature Made, Sunny Maid, Nature's Resource, AAFES, AARP, Osco, Sav-On, Valu Wise, Bartell Drug, CVS, Duane Reade, Walgreens, Longs, Spring Valley, Brite Life, Family Pharmacy, GNP, Valu-Rite.

We certify the information in this notice is complete and accurate, and we have substantiation that the above statement(s) is truthful and not misleading.

Sincerely,

David Kropp  
Acting Director, Regulatory and Consumer Affairs

R:FDASection6:Jogmate.doc